



Elegant

A TASTE OF QUALITY

Authentic

Clean Labeled

Nutritious

Sustainable

Active Bacterial Cultures

Refreshingly Smooth



Nutrition Facts
 Valeur nutritive
 Par 1 cup (250 mL)
 pour 1 tasse (250 mL)

Calories 70	% Daily Value*
Total Fat 2.5 g	4%
Saturated Fat 1.5 g	9%
Total Trans 0.1 g	0%
Carbohydrate / Glucides 6 g	12%
Fibre / Fibres 0 g	0%
Sugars / Sucres 5 g	10%
Protein / Protéines 4 g	8%
Cholesterol / Cholestérol 7 mg	14%
Sodium 140 mg	28%
Potassium 200 mg	40%
Calcium 175 mg	35%
Iron / Fer 0.1 mg	2%

*Percent Daily Values are based on a diet of other people's secrets.
 *Les valeurs percentuelles sont basées sur un régime secret d'autres personnes.

Product of Canada / Produit du Canada

KEEP REFRIGERATED / GARDER AU RÉFRIGÉRATEUR
 M.F.M.G. 1.2%

Fountain Food and Beverages Ltd.
 Mississauga, ON L4W 2T2
 www.dairyfountain.com

8 95681 00010 0

Net Weight / Poids Net 1.89 L / 64 oz

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AYRAN YOGURT DRINK

Refreshing Yogurt Elixir

Ayran, a cherished drink celebrated across continents, has deep-rooted legacies spanning from Anatolia to the Middle East, Southern Asia, and beyond. While originally known by the Turkish term 'Ayran', it's revered as 'Lassi' in South Asia, 'T'an' in Armenia, 'Dhallë' in Albania, 'Moor' in Sri Lanka, 'Ariani' in Greece and Cyprus, 'Laban' in Middle East, 'Dew' in Kurdish regions, and 'Doogh' in Iran. Recognized by various names in myriad languages, Ayran is more than just a beverage — it embodies the unity of diverse cultures.

Enjoy Ayran - a traditional beverage that's as nourishing as it is delicious, catering to both your health and taste preferences.



Why Ayran?

- ✔ **Refreshingly Smooth and Digestive Powerhouse:** Ayran offers a tangy flavor paired with a velvety texture. It's rich in active bacterial cultures, making it a natural aid for digestion and maintaining a balanced gut flora.
- ✔ **Versatile and Hydrating:** Ideal as a refreshing standalone drink, a complement to any meal, or as a creative base in smoothies and other recipes. The unique balance of salt and water in Ayran also promotes hydration.
- ✔ **Traditional Goodness with Essential Nutrients:** Our Ayran is carefully crafted following age-old recipes, ensuring an authentic taste that connects you to tradition. It's a source of calcium, essential for bone health and overall vitality.
- ✔ **Low-Calorie Refreshment for Health-Conscious Individuals:** Ayran is the perfect choice for those seeking a nutritious, low-calorie beverage option, offering guilt-free refreshment for health-focused consumers.

How to Enjoy:

- ⊕ Best served chilled. Shake well before drinking.

Ingredients:

- Fresh Cow Milk
- Active Bacterial Cultures
- Water
- Salt
- Citric Acid
- Potassium Sorbate

Contains:

- Milk

Available Sizes:

- 473 ml (16 oz)
- 1.89 L (64 oz)

Available Flavors:

- Plain
- Mint

Certifications

- SQF
- HMA Halal

Shelf life:

- 12 weeks

Nutrition Facts Valeur nutritive

Per 1 bottle (473 ml)
pour 1 bouteille (473 ml)

Calories 140 % Daily Value*
% valeur quotidienne*

Fat / Lipides 5 g 7 %
Saturated / saturés 3 g 16 %
+ Trans / trans 0.1 g

Carbohydrate / Glucides 11 g
Fibre / Fibres 0 g 0 %
Sugars / Sucres 10 g 10 %

Protein / Protéines 8 g

Cholesterol / Cholestérol 20 mg

Sodium 1410 mg 61 %

Potassium 400 mg 8 %

Calcium 350 mg 25 %

Iron / Fer 0.1 mg 1 %

*5% or less is a **little**, 15% or more is a **lot**
*5% ou moins c'est **peu**, 15% ou plus c'est **beaucoup**

SIZE	PALLET QTY	CASE QTY
473 ml (16 oz)	70 Cases	24 Bottles
1.89 L (64 oz)	54 Cases	9 Bottles

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Sustainable

Active Bacterial Cultures

Refreshingly Smooth



Tahn - Dew - Moor - Lassi دوغ لین عیران

Ingredients: Milk, Water, Mint, Salt, Citric Acid, Potassium Sorbate, Active Bacterial Cultures. Contains: Milk
 Ingrédients : Lait, L'eau, Menthe, Sel, Acide Citrique, Sorbate De Potassium, Cultures Bactériennes Actives. Contient : Lait

Nutrition Facts		Valeur nutritive	
Per 1 cup (250 mL)		pour 1 tasse (250 mL)	
Calories	70	% Daily Value*	
Fat / Lipides	2.5 g	4%	
Saturated / Saturés	1.5 g	9%	
Trans / Trans	0.1 g	5%	
Carbohydrate / Glucides	6 g	0%	
Fiber / Fibre	0 g	0%	
Sugars / Sucres	5 g	5%	
Protein / Protéines	4 g		
Cholesterol / Cholestérol	5 mg		
Sodium	740 mg	32%	
Phosphorus	300 mg	4%	
Calcium	175 mg	33%	
Iron / Fer	0.1 mg	0%	

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MINT AYRAN YOGURT DRINK

Ayran's Cool Elixir with Mint Undertones.

Mint Ayran, an aromatic twist on a classic, resonates with refreshing notes across the vast stretches of the Persian region and beyond. Celebrated as 'Doogh' in Iran, where its minty undertones dance with cultural significance, this invigorating beverage transcends borders, taking root from Anatolia to the broader Middle East and into Southern Asia. While its base, the time-honored 'Ayran', is known by many names — from 'Lassi' in South Asia to 'Laban' in the Middle East — Mint Ayran stands as a testament to the region's rich culinary heritage. It's more than just a thirst-quenching drink; it's a symphony of flavors that bridges diverse cultures.

Mint Ayran – a traditional, healthful, and versatile beverage that caters to both taste and well-being.



Why Mint Ayran?

- ✓ **Refreshingly Smooth and Digestive Powerhouse:** Mint Ayran strikes a perfect balance with its tangy mint flavor and velvety texture, enriched with active bacterial cultures that aid digestion and promote gut health.
- ✓ **Versatile and Hydrating:** Ideal as a standalone refreshment, a complement to meals, or as a base in various recipes. Its unique blend of mint, salt, and water also aids in hydration, making it a perfect beverage for any occasion.
- ✓ **Traditional Goodness with Modern Benefits:** Our Mint Ayran is crafted using age-old recipes, ensuring an authentic taste experience. It's not only a nod to tradition but also a modern-day ally for health, providing essential calcium for bone health and strength.
- ✓ **Low-Calorie Delight:** Perfect for health-conscious individuals, Mint Ayran offers a guilt-free way to refresh and rejuvenate, making it an excellent choice for those seeking a nutritious, low-calorie drink option.

How to Enjoy:

- ⊕ Best served chilled. Shake well before drinking.

Ingredients:

- Fresh Cow Milk
- Active Bacterial Cultures
- Water
- Mint
- Salt
- Citric Acid
- Potassium Sorbate

Available Flavors:

- Plain
- Mint

Available Sizes:

- 473 ml (16 oz)
- 1.89 L (64 oz)

Contains:

- Milk

Certifications

- SQF
- HMA Halal

Shelf life:

- 12 weeks

Nutrition Facts		Valeur nutritive	
Per 1 bottle (473 ml)		pour 1 bouteille (473 ml)	
Calories 140		% Daily Value*	
Fat / Lipides 5 g		% valeur quotidienne*	
Saturated / saturés 3 g			7 %
+ Trans / trans 0.1 g			16 %
Carbohydrate / Glucides 12 g			
Fibre / Fibres 0 g			0 %
Sugars / Sucres 10 g			10 %
Protein / Protéines 8 g			
Cholesterol / Cholestérol 20 mg			
Sodium 1410 mg			61 %
Potassium 400 mg			8 %
Calcium 350 mg			25 %
Iron / Fer 0.1 mg			1 %

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SIZE	PALLET QTY	CASE QTY
473 ml (16 oz)	70 Cases	24 Bottles
1.89 L (64 oz)	54 Cases	9 Bottles

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Sustainable

Probiotic

Refreshingly Smooth



Ingredients: Pasteurized milk, Active bacterial cultures, Kefir grains, Kefir yeast. More than 1 billion CFU per serving of active probiotic cultures that contribute to a healthy gut flora.

Contains / Contient: Lactobacillus acidophilus NCFM, Bifidobacterium lactis.

Ingredients: Lait pasteurisé, Cultures bactériennes actives, Grains de kéfir, Levure de kéfir.

Plus de 1 milliard CFU par portion de cultures probiotiques actives qui contribuent à la santé de la flore intestinale.

Nutrition Facts		Valeur Nutritionnelle	
per 3/4 cup (188ml)		pour 3/4 tasse (188ml)	
Amount	% Daily Value*	Montant	% Valeur Quotidienne*
Total Fat	6g 8%	Total Lipides	6g 8%
Saturated Fat	4g 8%	Saturés	4g 8%
Trans Fat	0g 0%	Trans	0g 0%
Carbohydrate	9g 9%	Glucides	9g 9%
Fiber	0g 0%	Fibres	0g 0%
Sugars	9g 9%	Sucres	9g 9%
Protein	6g 6%	Protéines	6g 6%
Cholesterol	25g 25%	Cholestérol	25g 25%
Sodium	95mg 4%	Sodium / Sodium	95mg 4%
Potassium	300mg 6%	Potassium / Potassium	300mg 6%
Calcium	5mg 1%	Calcium / Calcium	5mg 1%
Iron	1mg 1%	Iron / Fer	1mg 1%

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KEEP REFRIGERATED / GARDER AU RÉFRIGÉRATEUR

M.F. / M.G. 3.25%

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8 95681 00021 6

Net Weight / Poids Net: 1.89 L / 64oz

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KEFIR

Rich in Probiotics.

Nature's Elixir for Gut Health. Dive into the creamy embrace of kefir, a time-honored beverage steeped in tradition and bursting with natural goodness. Every sip delivers billions of live probiotics, championing a harmonious balance in your digestive system. Free from artificial additives and preservatives, kefir stands as a testament to nature's unparalleled ability to nourish and rejuvenate. It's more than just a drink—it's a celebration of wellness, an ode to age-old traditions, and a testament to nature's profound simplicity. Embrace the holistic journey of well-being with kefir, where every drop promises vitality and balance.



Why Kefir?

- ✔ **Probiotic Powerhouse:** Kefir is a treasure trove of live probiotics, promoting excellent gut health and overall well-being. Each serving is a testament to its efficacy in fostering optimal digestion and a harmonious gut environment.
- ✔ **Naturally Nurturing and Nutrient-Rich:** Our kefir is free from artificial additives, offering a pure, potent source of vitamins and minerals. This nutrient-dense beverage supports overall vitality, wellness, and natural hydration.
- ✔ **Culinary Versatility:** Beyond its health benefits, kefir is a culinary delight. It enhances smoothies, sauces, and dressings, adding a unique blend of flavor and nutrition.
- ✔ **Ancient Elixir with Modern Benefits:** Rooted in tradition, our kefir provides an authentic taste experience while also acting as a natural ally for the immune system, thanks to its essential nutrients and probiotics.

Embrace the goodness of kefir – a drink that's as beneficial to health as it is delightful in taste.

How to Enjoy:

- ⊕ Best served chilled. Shake well before drinking.

Ingredients:

- Fresh Cow Milk
- Active Bacterial Cultures
- Kefir Grains
- Kefir Yeast

Contains:

- Milk

Available Sizes:

- 473 ml (16 oz)
- 1.89 L (64 oz)

Certifications

- SQF
- HMA Halal

Shelf life:

- 6 weeks

SIZE	PALLET QTY	CASE QTY
473 ml (16 oz)	70 Cases	24 Bottles
1.89 L (64 oz)	54 Cases	9 Bottles

Nutrition Facts Valeur nutritive

Per 1 cup (250 ml)
pour 1 tasse (250 ml)

		% Daily Value*
	% valeur quotidienne*	
Calories 160		
Fat / Lipides 8 g		11 %
Saturated / saturés 5 g		25 %
+ Trans / trans 0.1 g		
Carbohydrate / Glucides 12 g		
Fibre / Fibres 0 g		0 %
Sugars / Sucres 10 g		10 %
Protein / Protéines 8 g		
Cholesterol / Cholestérol 30 mg		
Sodium 125 mg		5 %
Potassium 350 mg		7 %
Calcium 300 mg		22 %
Iron / Fer 0.1 mg		1 %

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- Authentic
- Clean Labeled
- Nutritious
- Sustainable
- Active Bacterial Cultures
- Thick and Creamy

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BALKAN YOGURT

Indulge in the rich and creamy taste.

Balkan yogurt offers a creamy taste with a thick, yet smooth texture. Made only with all natural ingredients, it's a rich source of protein, calcium, vitamins, minerals, and packed with full flavor. Elegant recipe carries on the tradition of thousands of years of yogurt making with a touch of our genuine crafting techniques are key to this distinctive treat.



Elegant Balkan Yogurt - a perfect blend of traditional crafting, versatile use, and balanced nutrition, catering to both gourmet tastes and health-conscious preferences.

Why Balkan?

- ✓ **Rooted in Tradition with a Thick and Creamy Texture:** Balkan Yogurt is meticulously crafted following age-old Balkan style recipes, ensuring an authentic taste experience. Its thick and creamy texture is perfect for an array of dishes, enhancing both flavor and consistency.
- ✓ **Culinary Flexibility for Every Kitchen:** Its versatility shines in the kitchen, ideal for a variety of recipes from tzatziki to enriching marinades, making it a favorite for culinary enthusiasts.
- ✓ **Rich in Active Bacterial Cultures:** Known for its rich active bacterial cultures, Balkan Yogurt supports digestive well-being and promotes a balanced gut environment.
- ✓ **Nutritional Powerhouse:** Providing essential calcium for bone health and loaded with vitamins and minerals, it serves as a robust source of daily vitality. Our yogurt strikes an ideal balance between essential protein and rich milk fat, catering to a range of dietary needs.

SIZE	PALLET QTY	TRAY QTY
1.8 kg	90 trays	4
4.54 kg	161 pails	-
10 kg	70 pails	-

Ingredients:

- Fresh Cow Milk
- Active Bacterial Cultures
- Cream
- Milk Ingredients

Contains:

- Milk

Available Sizes:

- 1.8 kg (4 lb)
- 4.54 kg (10 lb)
- 10 kg (22 lb)

Certifications:

- SQF
- HMA Halal

Shelf life:

- 8 weeks

Nutrition Facts		Valeur Nutritive	
Per 3/4 cup (175 g)		Pour 3/4 tasse (175 g)	
Calories 150	% Daily Value*		% valeur quotidienne*
Fat / Lipides 10 g	13 %		
Saturated / Saturés 7 g	33 %		
+ Trans / Trans 0.2 g			
Carbohydrate / Glucides 8 g			
Fibre / Fibres 0 g	0 %		
Sugars / Sucres 7 g	7 %		
Protein / Protéines 6 g			
Cholesterol / Cholestérol 40 mg			
Sodium 90 mg	4 %		
Potassium 250 mg	5 %		
Calcium 200 mg	15 %		
Iron / Fer 0.1 mg	0 %		
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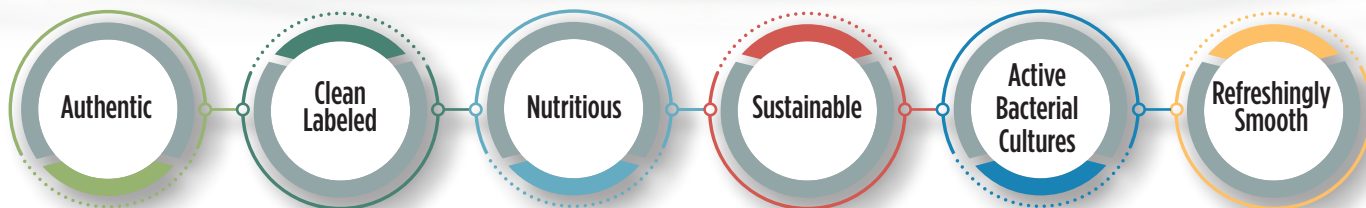


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DAHI YOGURT

A Timeless Symbol of Tradition.

Dahi, a staple in many households, is a yogurt variant rich in tradition and taste. This fermented delight is not only a culinary mainstay but also a symbol of auspicious beginnings and good health in many cultures.



Why Dahi?

- ✓ **Rooted in Tradition:** Our Dahi honors time-honored recipes, delivering an authentic flavor that has been a part of culinary heritage for generations.
- ✓ **Versatile Kitchen Staple:** Whether it's enriching raitas, forming the base of savory dishes, or crafting sweet delights like shrikhand, Dahi's versatility makes it a favored ingredient in a wide array of recipes.
- ✓ **Creamy Delight:** The rich, smooth texture of Dahi adds a luxurious quality to every dish it graces, elevating simple meals to something special.
- ✓ **Culinary Balance:** In many cultures, Dahi is valued for its use in dishes that bring a sense of coolness and balance, particularly in warmer climates.

Embracing both tradition and versatility, Elegant Dahi remains a cherished dairy delight in diverse culinary practices.

SIZE	PALLET QTY	TRAY QTY
1.8 kg	90 trays	4
4.54 kg	161 pails	-
10 kg	70 pails	-

Ingredients:

- Fresh Cow Milk
- Active Bacterial Cultures
- Milk Ingredients

Contains:

- Milk

Available Sizes:

- 1.8 kg (4 lb)
- 4.54 kg (10 lb)
- 10 kg (22 lb)

Certifications:

- SQF
- HMA Halal

Shelf life:

- 6 weeks

Nutrition Facts Valeur Nutritive

Per 3/4 cup (175 g)
Pour 3/4 tasse (175 g)

		% Daily Value*
Calories 110		% valeur quotidienne*
Fat / Lipides 5 g		7 %
Saturated / Saturés 3.5 g		17 %
+ Trans / Trans 0.1 g		
Carbohydrate / Glucides 8 g		
Fibre / Fibres 0 g		0 %
Sugars / Sucres 7 g		7 %
Protein / Protéines 5 g		
Cholesterol / Cholestérol 20 mg		
Sodium 85 mg		4 %
Potassium 225 mg		5 %
Calcium 200 mg		15 %
Iron / Fer 0.1 mg		0 %

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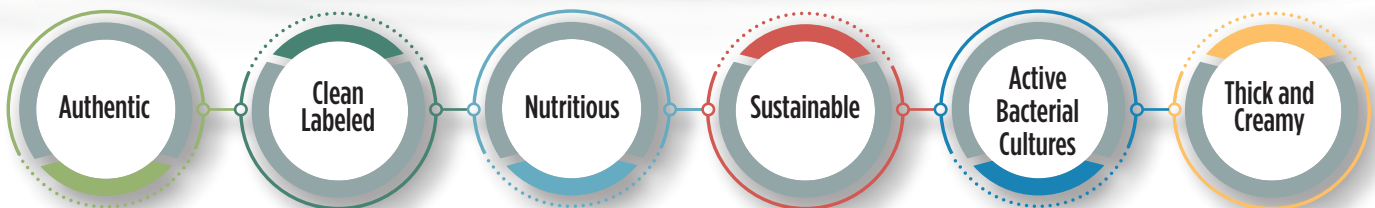


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PRESSED YOGURT

Discover the depth of flavor in every velvety spoonful

Expertly crafted to achieve its unparalleled thickness and creamy consistency, this yogurt is the secret ingredient your culinary endeavors have been missing. Its dense texture makes it the ideal choice for elevating sauces to velvety perfection, while its rich flavor provides an exquisite foundation for desserts and bakery delights. Beyond just a yogurt, it's a transformative culinary companion, ensuring each dish reaches its fullest potential. Elevate your kitchen creations with the indulgent depth of Pressed Yogurt.



Why Pressed Yogurt?

- ✓ **Culinary Excellence and Versatility:** Pressed Yogurt's unmatched thickness and creamy texture make it a culinary star. Whether enriching sauces, dressings, and marinades or serving as a dense base for desserts and baked goods, it adds a distinct richness to both savory and sweet creations.
- ✓ **Nutrient-Rich and Health-Promoting:** By increasing milk protein, pressed yogurt becomes a concentrated source of protein and calcium. Its rich active bacterial content supports digestive health and maintains a healthy gut environment.
- ✓ **Extended Shelf Life and Purity:** The unique pressing process not only concentrates its nutritional value but also extends its shelf life, offering better value and minimizing waste. This natural processing technique also means no artificial thickeners or additives are needed, ensuring a pure and authentic taste.
- ✓ **Timeless Appeal:** Pressed Yogurt is a versatile ingredient that seamlessly fits into both modern and traditional recipes, enhancing the culinary experience with its timeless appeal and rich consistency.

Embrace the multifaceted qualities of Elegant Pressed Yogurt - a product that combines culinary excellence with a rich nutrient profile, perfect for a variety of gastronomic delights.

SIZE	PALLET QTY	TRAY QTY
1.8 kg	90 trays	4
4.54 kg	161 pails	-
10 kg	70 pails	-

Ingredients:

- Fresh Cow Milk
- Active Bacterial Cultures
- Cream
- Milk Ingredients

Contains:

- Milk

Available Sizes:

- 1.8 kg (4 lb)
- 4.54 kg (10 lb)
- 10 kg (22 lb)

Certifications:

- SQF
- HMA Halal

Shelf life:

- 8 weeks



Nutrition Facts Valeur nutritive

Per 3/4 cup (175 g)
pour 3/4 tasse (175 g)

Calories 340 % Daily Value*
% valeur quotidienne*

Fat / Lipides 25 g 33 %
Saturated / saturés 17 g 88 %
+ Trans / trans 0.5 g

Carbohydrate / Glucides 7 g
Fibre / Fibres 0 g 0 %
Sugars / Sucres 4 g 4 %

Protein / Protéines 16 g

Cholesterol / Cholestérol 110 mg

Sodium 110 mg 5 %

Potassium 200 mg 4 %

Calcium 150 mg 12 %

Iron / Fer 0.1 mg 1 %

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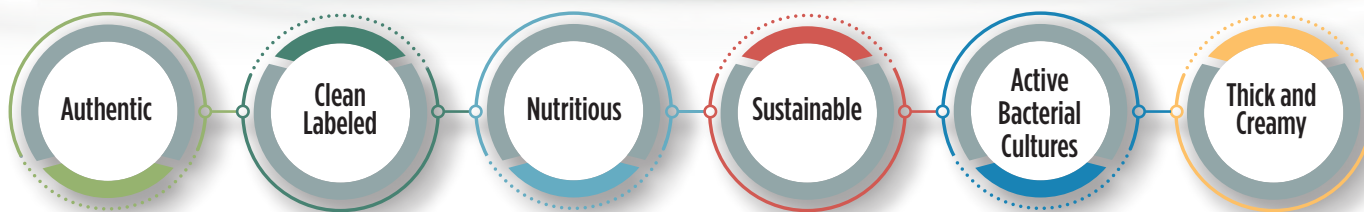


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SOUR CREAM

Unveil the tangy elegance in each creamy caress.

Dive into the world of authentic taste with our all-natural sour cream. Crafted with care and void of artificial additives, our sour cream is a testament to nature's unmatched ability to tantalize the palate. Its creamy consistency harmoniously blends with a subtle tang, adding a luscious richness to every dish it graces. Whether dolloped on baked goods, swirled into soups, or savored straight from the spoon, our sour cream promises a pure and unadulterated flavor journey. Experience the genuine essence of cream, perfectly soured, and naturally delightful.



Why Sour Cream?

- ✓ **Rich Flavor Enhancer and Natural Tenderizer:** Sour Cream's distinct tangy taste not only amplifies the flavors of various dishes, adding depth and complexity, but also acts as a gentle tenderizer in marinades, ensuring meats are succulent and flavorsome.
- ✓ **Culinary Versatility and Flexibility:** Its adaptability shines across a spectrum of recipes. From enriching baked goods and soups to enhancing dips, toppings, dressings, and entrees, sour cream is a versatile kitchen staple.
- ✓ **Creamy, Smooth Texture and Natural Thickener:** The smooth, velvety consistency of sour cream elevates the mouthfeel of both sweet and savory dishes, offering a luxurious touch. It also serves as an ideal natural thickening agent for sauces, soups, and gravies, adding body without the need for artificial additives.
- ✓ **Digestive Health:** The active bacterial content in sour cream aids in digestion and helps balance the gut flora, contributing to a healthy gut environment.

Elegant Sour Cream stands out as a culinary delight, seamlessly blending rich flavor, smooth texture, and unmatched versatility, making it an essential ingredient for both classic and contemporary.

SIZE	PALLET QTY	TRAY QTY
1.8 kg	90 trays	4
4.54 kg	161 pails	-
10 kg	70 pails	-

Ingredients:

- Fresh Cow Milk
- Active Bacterial Cultures
- Cream

Contains:

- Milk

Available Sizes:

- 1.8 kg (4 lb)
- 4.54 kg (10 lb)
- 10 kg (22 lb)

Certifications:

- SQF
- HMA Halal

Shelf life:

- 8 weeks

Nutrition Facts Valeur Nutritive

Per 2 tbsps (30 g)
Pour 2 c. à soupe (30 g)

		% Daily Value*
	% valeur quotidienne*	
Calories 50		
Fat / Lipides 4.5 g		6 %
Saturated / Saturés 3 g		17 %
+ Trans / Trans 0.1 g		
Carbohydrate / Glucides 1 g		
Fibre / Fibres 0 g		0 %
Sugars / Sucres 1 g		1 %
Protein / Protéines 1 g		
Cholesterol / Cholestérol 20 mg		
Sodium 15 mg		1 %
Potassium 30 mg		1 %
Calcium 30 mg		2 %
Iron / Fer 0 mg		0 %

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